



Member of the World Council for Psychotherapy (WCP)
NGO with consultative status to the Council of Europe

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STATEMENT FROM THE EUROPEAN ASSOCIATION FOR PSYCHOTHERAPY
TO THE RUSSIAN GOVERNMENT

It is our view as Psychotherapists that a military invasion never solves problems, and never achieves its intended aims. Instead it creates immense damage, and causes destruction on many levels which can reverberate through the generations. This includes the personal suffering and deep trauma of both families and individuals at somatic, mental and emotional levels. Psychotherapists are committed to peaceful negotiation, dialogue and debate in conflict resolution, and we condemn war and violence. Russia and Ukraine are both Member Organisations of the European Association for Psychotherapy, and our concern is for the welfare of the people of both these countries. We call upon the Russian Government to stop the war, and establish peace through diplomacy in a thoughtful and mutually respectful manner.

The European Association for Psychotherapy calls upon the Russian Government to immediately cease the invasion of Ukraine; stop the war; respect the law of nations; and bring back all Russian troops and weapons to their home country.

We hope that the highest principles of the human spirit will prevail, and with all our hearts we wish that a resolution can be found which will restore freedom.

Adopted by the EAP Board

March 11th 2022