



Ukrainian Umbrella  
Association of Psychotherapy



**EAP**  
European Association  
for Psychotherapy

## **UUP and EAP Joint Symposium on Ethics February 24<sup>th</sup> 2023**

### **Professional Biographies and Abstracts**

**PRESIDENT PATRICIA HUNT FRSA**



Patricia Hunt is President of the European Association for Psychotherapy. In 2022 she was made a Fellow of the Royal Society for the Arts in recognition of her work as President of EAP, and in the Health and University Sectors. World Council for Psychotherapy Board Member. Former Head of Department, University of Nottingham UK. Founded a new Psychotherapy Department in Ningbo, China at Nottingham University's international campus. Former Vice Chair of the UK Council for Psychotherapy. Psychotherapist, Consultant and Advisor.

**Abstract -** In her speech of introduction to the Symposium she will honour the anniversary of the invasion of Ukraine on February 24<sup>th</sup> 2022, set the scene for the Symposium, and outline the cultural, historical and societal importance of ethics in the professions, in national and international affairs, and in the establishment of the future of Ukraine.

**PRESIDENT OLEXANDER FILTS**

Olexander Filts is President of the Ukrainian Umbrella Association of Psychotherapists UUP. He is Professor at the Lviv National Medical University, Head of the Department of Psychiatry and Postgraduate Psychotherapy, Honorary Sigmund Freud Professor at the University of Vienna, President of EAP in 2005-2007, Member of the Scientific Commission of the International Sigmund Freud Foundation, Supervisor and Training Analyst in Ukraine.

**Abstract –** “Evolution of Psychotherapist’s Ethics Before the War and During the War.” With the beginning of the terrible military aggression of Russia against Ukraine the informational

and psychological component of the hybrid war has increased to the maximum. Unprecedented propaganda has essentially completely devalued the concept of reality, the feeling of reality, as well as the relationship to reality. At the same time reality testing is one of the most important tools of psychotherapeutic and psychiatric work with clients and patients. Almost a year's period of our work not only with the wounded and traumatized during the war, but with refugees and "ordinary" patients, shows that the criteria for reality testing has gradually evolved into the so-called principle of obviousness. The second important aspect of our work is the modified relationship with clients traumatized by informational propaganda. This aspect also evolved towards a weakening, and in some cases, a rejection of the so-called neutral psychotherapeutic position. This and some other aspects the evolution of psychotherapeutic work during the war will be discussed in my speech.

#### **PROFESSOR EUGENIJUS LAURINAITIS**



**Eugenijus Laurinaitis (born 1951), MD, PhD, psychoanalytic psychotherapist and group analyst, Retired Associate Professor of the Department of Psychiatry of Vilnius University and Retired Professor of psychology of Mykolas Riomeris University in Vilnius. In 1992 founded the Program of Psychodynamic Psychotherapy at Vilnius University university, which is the most attended psychotherapy training in Lithuania since. President of the Lithuanian Psychotherapeutic Society, Member of the Board of EAP from 1993, Chair of the membership Committee of EAP (2001-2011), Past President of European Association of Psychotherapy (2013 – 2015), since 2017 – General Secretary of EAP.**

**Abstract – “The Ethics of the Winners, the Ethics of the Losers.” Military metaphors were used in psychotherapeutic vocabulary from the very beginning (viz S. Freud, 1914). This has both conscious and unconscious impact on our everyday work and feelings. Who is a winner and who is a loser in psychotherapy process? The presentation will evaluate and analyse from the point of ethical principles - what is/can be considered as a victory or a defeat in psychotherapy work, and how destructive can be this dichotomous approach both to the patient and the therapist? Implications of the war situation will be discussed, and the influence of it on the therapy as an open system of relationships will be evaluated. Final conclusion of the presentation – there are no winners and losers but the therapy and its ethics in this war.**

## **PROFESSOR ANASTASIA SKLYARUK**



**Anastasiia Sklyaruk is a Doctor of Psychological Science, a Professor of Practical Psychology Chair in the Zaporizhzhye Classic Private University, a registered Psychotherapist of the Ukrainian psychotherapists` Union, a psychotherapist-educator of the Psychodrama section. Anastasia has more than 50 scientific publications and a published monograph “A problem family as an environment for child`s socialization” She has more than 20 years of psychotherapeutic practice.**

**Abstract – “The Ethics of Psychotherapy in the Frame of Time.” An ethics concept is exposed in the article. It is proved that existence, time and content influence ethical principles and standards, and they form contemporaneity in retrospect. I will discuss how social traumas are transgenerational and they are reflected in many generations influencing on all our life aspects including also professional identification. I will emphasise that our changeable world, where we live today, provides a lot of resources for research and gives new opportunities.**

## **TOM WARNECKE**



**Tom Warnecke maintains a psychotherapy and supervision practice in London. He has worked in statutory mental health services, as an educator for various psychotherapy and supervision diploma courses in Europe, and developed a relational-somatic approach to Borderline trauma. His work is grounded in psychophysiological and psychodynamic perspectives and his publications include book chapters, journal articles, and the book 'The Psyche in the Modern World - Psychotherapy and Society' (Karnac 2015). He is a former Vice Chair for the UK Council for Psychotherapy (UKCP), and has held various roles on the EAP Board.**

**Abstract – “A Small Light in a Dark Room.”** In historic exceptional, or highly polarised, contexts, acting ethically has often necessitated personal risk taking. What motivates people to do what they feel is ‘right’ even if doing so may compromise their own safety? Moreover, can we develop psychotherapeutic perspectives both for our own and our clients/patients benefits? The presentation considers key aspects of acting ethically in historic extreme contexts, and invites participants to reflect on their personal motivations to act ethically.

**PROFESSOR ROMAN KECHUR**



**MD. Ph.d, Head of the Department of Psychology and Psychotherapy of the Ukrainian Catholic University, Psychiatrist, Psychoanalyst, teaching therapist and supervisor of the Ukrainian Union of Psychotherapists and the European Confederation of Psychoanalytic Psychotherapies. Chairman of the Training Council and Secretariat of the Ukrainian Union of Psychotherapists. President of the Ukrainian Confederation of Psychoanalytic Psychotherapies, Chairman of the Board of the Ukrainian Psychotherapeutic University.**

**Abstract - “The Ethics of Freedom and the Ethics of Totalitarianism.”** Ethics of postulating good or prohibiting evil? Neutrality—a technical method or a life position? What does war do to us and what do we do to war? Compassion versus help. Psychological, ethical and legal aspects of war.